



Pantry Patter



March 2006

Hello everyone,

We have a great selection of sausages, especially our Donnelly's brand that are one of the best we have carried at the Pantry. These with mashed potato and mushy peas make a great little supper.

Trivia: According to legend, Sir Walter Raleigh planted the first potatoes in Ireland in 1585. (and is still the most widely used vegetable in Ireland)

Who Said it: Wine is the most healthful and most hygienic of beverages.

Recipe: (Saint Patrick's Day) **Irish coffee.**

1 ½ tbsp Irish Whisky
1 ½ tbsp Kahlua Coffee Liqueur
1-cup hot coffee
2 tbsp whipped cream

Combine whisky and kahlua in a large heatproof mug or Irish coffee glass. Slowly stir in coffee. Finish with a dollop of cream on top. Serves one. (Don't stir)
Enjoy! Happy St Patrick's Day.

Old Irish Traditions: In Munster (and other southerly parts of Leinster) a cross of charcoal was marked on the forehead, with a prayer to keep the faith of Saint Patrick. Lent is relaxed on Saint Patrick's Day, with much feasting and drinking going on. A shamrock is thrown into the final glass and picked out when it has been drained, then thrown over the left shoulder (that's where the devil is.)

Diplomacy: A diplomat is a man who remembers a ladies birthday but forgets her age.

Don't forget to wear something green on March 17, and join us for some Irish tidbits.

We now have a website: www.britishpantryga.com, please take a look and let us know what you think!

* Louis Pasteur.